



women's health connection  
gynecology • infertility • urogynecology

(509) 465-8885  
whconnection.com

northpointe professional center  
9425 north nevada, suite 300  
spokane, wa 99218

## Pelvic Ultrasound

- Where:** Women's Health Connection office
- Purpose:** This test provides a picture of the pelvis including the uterus and ovaries. The scan is safe and most patients find it to be painless. There is no radiation involved.
- Preparation:** Patients should drink 3 cups of fluid approximately 1 hour prior to the exam. Please do not empty your bladder during this time if at all possible. If you need to empty, or forget to drink the water, please be aware that we may need to use a small catheter to fill your bladder. Medications can be taken prior to the examination.
- What to Expect:** The procedure will take approximately 20 minutes but examination times can vary. After you are in the examination room, you will be asked to change into a gown. We will then briefly review your history and the indications for the test. You will lie down on an exam table and a water-based gel will be spread over your pelvic area. This gel helps to provide us with quality images. A plastic device called a transducer will be placed over your pelvic area and moved back and forth to obtain the images necessary to answer your physician's questions.
- Sometimes an adequate study cannot be obtained just by scanning over your pelvic area. If this is the case, another type of pelvic ultrasound may be offered to you. It is called a transvaginal ultrasound examination. You must first empty your bladder for this part of the study, then you will return to the exam room. We have a transducer specifically designed for this study. These transducers are sterilized between patients and covered with a non-latex sheath during the ultrasound examination. Most patients find the transvaginal ultrasound similar to a pelvic examination.
- After Care:** After the test, you may resume all normal activities. One of our gynecologists will discuss the results of your ultrasound examination with you after the test, or if time does not permit, a follow-up on a different day may be booked to review these.
- Questions:** If you have any questions, please do not hesitate to contact us at (509) 465-8885.