



women's health connection  
gynecology • infertility • urogynecology

(509) 465-8885  
whconnection.com

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## **IV Conscious Sedation**

IV Conscious Sedation is a “light conscious sedation” where you maintain your protective reflexes; however you will be less aware of your environment and of any discomfort.

### **Risks**

1. Nausea and vomiting – not common but occasionally occur
2. Bruising or tenderness of the veins or vessels into which the medications are placed.
3. Depressed respirations requiring supplemental oxygen for a short period of time.
4. Very remote possibility that complications may require transportation to a hospital for treatment

### **Benefits**

IV conscious sedation is often used for office procedures such as office hysteroscopy and cystoscopy. Onset and recovery are rapid with minimal nausea and drowsiness. You maintain control of your breathing throughout the procedure, but have minimal memory of the procedure afterwards, and discomfort is minimized.

### **Alternatives**

1. Oral sedation with Xanax and local anesthetic and Ibuprofen to minimize discomfort. Often but not always adequate sedation and control of discomfort.
2. General anesthetic – must be administered in the hospital setting – additional costs, arrangements, recovery and labs than what is usually generated in the office setting.

### **Before Surgery**

1. Nothing to eat or drink for 6 hours prior to surgery
2. Report to Women’s Health Connection any recent changes in health or onset of symptoms such as fever or respiratory illness (509) 465-8885.
3. Take prescribed medications with a sip of water unless previously instructed otherwise
4. Wear loose comfortable clothing
5. Remove all jewelry and leave at home

6. A responsible adult, 18 years of age or older, must accompany you, be accessible to Dr. Ravasia during the entire procedure, and drive you home after your procedure.
7. Failure to comply with these instructions may result in a cancellation of your procedure.

**After Your Surgery**

1. Arrange for a responsible adult to drive you home and stay with you for at least 6 hours after the surgery.
2. Call Dr. Ravasia (509) 465-8885 with any questions or concerns

Even though you are awake more quickly after IV conscious sedation, and patients do not usually experience any difficulty, you may feel drowsy for 24-48 hours after surgery. Your coordination may also be affected.

For your safety:

- Do not drive a car or operate hazardous machinery.
- Do not drink alcohol.
- Do not take any medication unless prescribed by your physician.

Important decisions should be delayed until you have made a complete recovery. You should plan to go home immediately from Women's Health Connection and rest for the remainder of the day with a responsible adult to assist you.

**Remember, you must have a responsible adult to accompany you home from Women's Health Connection after the procedure.**